

EDEN ENERGY MEDICINE INTRODUCTORY 101 & 102 COURSES at Shangri-La Springs, Bonita Springs Fl., *An Organic Wellness & Experiential Learning Center*

A PROACTIVE FUN EXPERIENCE to learn Tools for Self-healing with Karen L. Semmelman, EEM Advanced Practitioner

“Energy Medicine is the next big frontier in medicine.” - Mehmet Oz, M.D.

February 18, 2017 - 101 (Saturday)

February 19, 2017- 102 (Sunday)

Shangri- La Springs

Bonita Springs, Fl. 34135 8:30-4:15

Cost: \$150 per course includes Organic lunch & snacks

Register: Gift Shop: call 239-949-0749, ext. 3. Overnight lodging & spa bookings available!

email: zawi@shangrilasprings.com. Details at:

www.shangrilasprings.com; www.semmelmanenergy.com

EM Defined: Working with energy as a vital living force forming the foundation of our well-being. You learn to heal the body by activating its natural healing energies and restoring energies that may be weak, blocked, disturbed or out of balance. You are the patient and energy movement is the medicine! Combining ancient practices with contemporary scientific understanding enables application to physical, emotional issues promoting joyful living and wellness.

Credits: 6 CEs per course for American Holistic Nurses Assoc. & Licensed Massage Therapists \$10 admin cost.

Learn the basics of self-care and healing with Eden Energy Medicine in this FUN, interactive and useful class.

BENEFITS:

- **Increase Flow of Energy to promote general health**
- **Optimize Your Health and Vitality**
- **Relieve Pain by unclogging trapped energy**
- **Improve Sleep**
- **Enhance Inner Peace**
- **Awaken Your Doctor Within**

Using simple energy medicine techniques, you learn to:

- **Boost your energy level**
- **Test for and remove energy blocks**
- **Strengthen your immune system**
- **Alleviate stress and Pain**



Karen L. Semmelman, Eden Energy Medicine Advanced Practitioner; BS, magna cum laude; JD; Fellow AAML(03-12); Reiki Practitioner, Radionics Practitioner
**extensive teaching experience*
**passionate about energy medicine*
**presented on TV, live audiences, video*
**practice in Boston and Sanibel Florida*
**presented International Gathering EEM*
**teaches 1st year Foundations Classes toward receiving EEM-CP certification*

Professionals: Learn tools to maintain your own energetic integrity while working with others; plus tools for your practice!