

**2017/2018 SANIBEL FLORIDA  
EDEN ENERGY MEDICINE CERTIFICATION PROGRAM  
YEAR 1 FOUNDATIONS CLASSES  
REGISTRATION FORM**

Class #1 begins June 1, 2017 \*\*\*\*Register Early as Space is Limited

**Sponsored by: Karen L. Semmelman, JD, EEM-Advanced Practitioner;  
Authorized Teacher of Eden Energy Medicine Certification Program**

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**To register, complete this 5 page form and mail the form with your payment to:  
Semmelman Energy Center, 2460 Harbour Lane, Sanibel, Florida 33957**

**Name:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip code:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Cell Phone:** \_\_\_\_\_ **Birthday:** \_\_\_\_\_

How did you learn of the program? \_\_\_\_\_

What experience do you have with energy work? \_\_\_\_\_

**Contact Information for Semmelman Energy Center: Phone: 443.786.0472  
Email: [ksemmelmanenergy@gmail.com](mailto:ksemmelmanenergy@gmail.com) Website: [www.semmelmanenergy.com](http://www.semmelmanenergy.com)**

**Student Roster** \_\_\_\_\_ (Please initial that you understand a Student Roster with name, phone and email will be provided for each class). Your contact information will not be sold or distributed to third parties. Innersource will send you information about training opportunities.

**Meals and Lodging** \_\_\_\_\_ (Please initial that you understand you are responsible for providing your own lunches and dinners; and obtaining your own hotel reservations).

**Roommate** \_\_\_\_\_ (Please initial if you are interested in sharing a room with another student).

**An Overview of the First Expansive Year:** The Eden Energy Medicine Foundations Program in **Sanibel** is a one-year program designed for those people desiring in-depth coursework and supervision in Donna Eden's style of Energy Medicine ([www.innersource.net](http://www.innersource.net)). This program is based on a curriculum developed by Donna, along with her faculty members. The Topics Covered in each Foundation's Class are listed below. Note these are general descriptions, subject to minor changes.

- ✱ **Class 1.** Principles of Energy Medicine; Understanding the Nine Energetic Systems and how they integrate with each other; General Energy Testing, including pre-checks and

troubleshooting the energy testing; Learning , understanding and testing for each of the exercises that are part of the 5 Minute Routine (the cornerstone of Eden’s work); Grounding techniques; Introduction to Meridians including locating, tracing and flushing the meridians, the Meridian Flow Wheel, and the beginning and end points of each meridian; The Vivaxin Syndrome testing and correcting; Introduction to the 5 Rhythms based on Traditional Chinese Medicine; Neurolymphatic Reflex Points; Quickie Energy Balancer; Brazilian Toe Techniques; Tracker system for Energy Medicine Session; Ethics for Energy Medicine Practitioners;

- ✳ **Class 2.** Neurovascular Points; Balancing Triple Warmer & Spleen; Muscle Meridian Tests (7 this Class and the balance in Class 3); Alarm Points, what they are and how to use; Energy Testing Irregular energies in Meridians; Learning and using Acupressure Sedating and Warmer Reactive Energies; Learning more of the characteristics associated with 5 Rhythms such as seasons, senses, emotions, physical appearances etc. PLUS identifying your own primary Rhythm; Use of Magnets; Eye techniques with Energy Medicine; Expansion of Tracker system for Energy Medicine Session; Ethics
- ✳ **Class 3.** Auric Field overview, testing and correcting imbalances; Celtic Weave; Polarity testing and issues; Tibetan Energy Rings; Using to use pulse testing for over-energy patterns; Advanced irregular energy material; Advanced use of Magnets and Crystals; Basic Substance Testing plus surrogate and self-testing; Pain Techniques; Source Points; Learning the balance of the Muscle Meridian Energy Tests; continued expansion of Tracker system of Energy Medicine session; Ethics
- ✳ **Class 4.** Introduction to Chakras, Chakra testing, clearing and balancing; Radiant Circuits—activating, testing and tracing; Techniques to work with Radiant Circuits including Anchor and Wander and activating exercises; the 4 Sensory Types, identifying and testing; Electrics as a System; Expansion of Tracker system for Energy Medicine Session; Ethics

The goal of the program is to help any student of Eden Energy Medicine obtain a firm foundation in the body of work Donna has created over the past 30 years and to develop the skill levels necessary to begin using these techniques regularly, either with family and friends, or in a professional setting.

Successful completion of the Foundations Classes in **Sanibel** will give students the option of applying this class work toward Year 2 of the Eden Energy Medicine Certification Program held in Phoenix, Arizona. Completing Year 2 is optional; students in the Foundations Classes may feel satisfied after one year and not see a need to take their studies further. At the end of the one-year Foundations Program, students will receive a certificate stating they have completed the Foundations Program in Eden Energy Medicine, but this should not be construed as a certification in Eden Energy Medicine, as that requires the completion of the Year 2 program.

The main purpose of the Foundations Classes is educational and classes will include lecture, small group time for practice, as well as question and answer sessions. Each class is designed to provide you with skills for working with the body's energies to promote physical and emotional well-being. This can be an intense experience, and doing energy work in a group can be taxing, so if you are not in good health we ask you to take this into account before registering. If your primary desire is to pursue a healing experience, we encourage you to contact **Karen L. Semmelman** directly.

If students who complete Year 1 also complete Year 2 of the Certification Program, they will be entitled to use the title Eden Energy Medicine Certified Practitioner (EEM-CP) and be listed on the Innersource website as such. The Year 2 EEM Certification Program is recommended for students who plan on applying the energy methods professionally or who want to heighten their proficiency. The requirements for each program are outlined on Innersource’s [website](#). Both the Year 1 Foundations Classes and the Year 2 Certification Program require you to complete a take home, open book test after each quarter and do a live or Skype demonstration of the material learned. All students must pay a \$300.00 non-refundable deposit **Semmelman Energy Center** along with their registration form for the Foundations Classes. This deposit will be applied to your Class 4 tuition.

**Dates:** The four classes must be taken in sequence. Each of the preceding classes is a prerequisite for those that follow. There are options available if you cannot make all the classes. These are listed in the Withdrawal Policy, below.

**2017/2018**

Class 1: June 1-4, 2017

Class 2: August 17-20, 2017

Class 3: November 2-5, 2017

Class 4: January 25-28, 2018

**Class times:** Thursday from noon – 6:30 PM

Friday and Saturday from 9 AM – 6:30 PM

Sunday from 9:00 AM – 1:30 PM

There will be breaks and time for lunch. This schedule may vary slightly if unforeseen needs arise.

**Location of class:** Sanibel, Florida 33957. Exact Location to be provided within 30 days before class begins, dependent on class size.

**Tuition:** \$995.00 per quarter payable as noted below. The tuition covers all of the class handouts, conference space, faculty, and continued supervision by the teaching staff for the duration of the program. The cost of tuition is guaranteed for the current year.

**Semmelman Energy Center Withdrawal Policy**

**Prior to Class 1:** Students who withdraw from the program up to 60 days prior to the start of Class 1 will receive a full refund, less a \$25 administrative fee. For withdrawals between 30 and 60 days prior to the start of Class 1, \$300 will not be refunded. Due to limited space and other commitments we have to make well in advance in planning such events, no refunds can be made for withdrawals received within 30 days of the start of Class 1. **For withdrawals that occur from Class 2 -4 :** If you withdraw from the program more than thirty days before the start of Class 2, 3 or 4, you will receive a 50% refund on any monies you have paid toward that particular class and a 100% refund of money for classes thereafter. If you just miss a class, but intend on completing the one-year program, you are still responsible for the full tuition for the class missed. Your tuition will still give you access to one of the teachers for questions on the material as well as handouts and continued participation in the Eden Energy Medicine Foundations Classes.

Withdrawals must be received in writing or by e-mail to [ksemmelmanenergy@gmail.com](mailto:ksemmelmanenergy@gmail.com) and will be promptly acknowledged once received. In the case of emergencies (death or injury) or catastrophic (natural or accidental) events, you may contact **Karen L. Semmelman** and discuss your options.

**Semmelman Energy Center Missed Class Policy**

It is your responsibility as a student to make up all work and instruction you miss if you fail to attend any of the four classes in this Foundations Classes. Every effort will be made to work with you, including options such as review classes and private tutorials, at the student's expense. A student is allowed to miss only one class of the four total classes before being withdrawn from the program. The student must meet the written and demo due dates unless special arrangements have been made with Karen L. Semmelman. You may also watch a DVD of the missed class (filmed in Phoenix). The DVD is purchased from Innersource. You could also attend that class at another Foundations Classes location. A list of those classes can be found on the Innersource website: <http://innersource.net/em/foundations-home.html>. If you attend a class elsewhere, you may return to your original Foundations Classes location for the next class. Please discuss your options

with your Foundations teacher. Every effort will be made to work with you, including offering private tutorials and supervision for an additional fee of \$100 per hour.

**Semmelman Energy Center Release Agreement**

I understand that Eden Energy Medicine is an innovative approach to health care, which is only beginning to be investigated scientifically. I further understand that the training in Eden Energy Medicine and other services I am or may be receiving from Semmelman Energy Center/Karen L. Semmelman/Innersource does not substitute for diagnosis and/or treatment from a qualified health practitioner for illnesses, injuries, or other medical conditions. Although the name Eden Energy Medicine uses the term "medicine" it is not intended to convey the practice of conventional medicine. Rather the term energy medicine is intended to reflect working with energy fields that support and penetrate the human body.

I understand that some classes are videotaped and photographed, that these tapes or photos may be distributed for educational purposes, and I give my permission for my participation to appear on these tapes and photographs.

Semmelman Energy Center/ Karen L. Semmelman/Innersource reserve the right, at its discretion and without explanation, to ask a student to leave an Eden Energy Medicine Certification Program Year 1 class, to terminate a student from Year 1 of the EEM Certification Program, or to not complete a student from Year 1 of the EEM Certification Program based on failure to meet the academic, behavioral, professional, or ethical standards of the program as determined by Semmelman Energy Center/Karen L. Semmelman. Any refunds will be fairly determined, again at the discretion of Semmelman Energy Center staff, on a case-by-case basis.

I also understand that any activity in which a person might participate involves some risk. In consideration of being permitted to enroll for the instructional and other services offered through Semmelman Energy Center/Karen L. Semmelman/Innersource, I release and hold Karen L. Semmelman/Semmelman Energy Center/Innersource, its agents, officers, employees, directors, successors, and affiliated corporations harmless from any claims arising out of my participation in the instructional or other services offered by Semmelman Energy Center/Karen L. Semmelman/Innersource or the use of facilities and /or equipment it provides.

**TUITION AND PAYMENT  
Sanibel, Florida Foundations Program**

**PAYMENT: Deposit payable to Innersource at time of Registration:**

- Deposit for Florida EEMFP, payable to Innersource directly through their website [www.innersource.net](http://www.innersource.net) \$600.00  
(Due at time of registration. \$300 applied to Class 1 and \$300 applied to Class 4).

**PAYMENT: Checks Payable to Semmelman Energy Center for each class:**

- Continuing Education Credits (due at registration) \$50.00  
NCBTMB and Florida State Massage Therapy, American Holistic Nurses, ACEP
- Quarterly Payment for Class 1 (due by May 1, 2017) \$695.00
- Quarterly Payment for Class 2 (due by July 15, 2017) \$995.00
- Quarterly Payment for Class 3 (due by October 1, 2017) \$995.00
- Quarterly Payment for Class 4 (due by December 22, 2017) \$695.00

OR

- Annual Payment for Year 1 (due by May 1, 2017) \$3,380.00

**AUDIT TRACK** - Must be EEMCP Graduate or student returning to review class material. Payment per class (includes discounted tuitions and current handouts). Post class supervision or mentoring is additional charge, to be arranged directly with Karen L. Semmelman.

- Quarterly Payment for Class 1 (due by June 1, 2017) \$500.00
- Quarterly Payment for Class 2 (due by July 15, 2017) \$500.00
- Quarterly Payment for Class 3 (due by October 1, 2017) \$500.00
- Quarterly Payment for Class 4 (due by December 22, 2017) \$500.00

**Class Materials:** All students must purchase the following class materials BEFORE Class 1 begins:

- ✚ *Energy Medicine* book
- ✚ *Energies of Love* DVD (not required if they attended this "live" class with Donna and David)
- ✚ *Ethics Handbook for Energy Healing Practitioners*
- ✚ *The Nine Energy Systems* DVD

Please order these materials online at <http://www.theinnersourcestore.com/energy-medicine-4/>  
Also, bring your Ethics Handbook for Energy Healing Practitioners and Energy Medicine book for reference at each class.

**Additional Information about Energy Medicine Certification Program (EEMCP).** If you are interested in applying your year in the Foundations Classes in Sanibel, Florida towards becoming certified in Eden Energy Medicine, there are several items to consider.

1. The Year 1 Foundations Classes is designed for students interested in applying Energy Medicine to themselves, friends, and family. Students who complete Year 1 will receive a Certificate of Completion. There will not be a title associated with the certificate and students will not be listed on the Innersource website as an EEM Practitioner. Students are eligible to attend Year 2 of the EEMCP program within two years following completion of Year 1.

If students who complete Year 1 also complete Year 2 of the Certification Program, they will be entitled to use the title Eden Energy Medicine Certified Practitioner (EEM-CP) and be listed on the Innersource website as such. The Year 2 EEM Certification Program is recommended for students who plan on applying the energy methods professionally or who want to heighten their proficiency. The requirements for each program are outlined on Innersource's [website](#).

2. Both the Year 1 Foundations Classes and the Year 2 Certification Program require you to complete a take home, open book test after each quarter and do a live or Skype demonstration of the material learned

**Continuing Education Information for which Innersource is approved:**

**1. American Holistic Nurses Association (AHNA)**

- 104 Nursing Contact Hours (CH's) to be awarded upon completion of the four-class course.
- Cost \$50

- This continuing nursing education activity was approved by the American Holistic Nurses Association (AHNA), an accreditor approved by the American Nurses Credentialing Center's Commission on Accreditation (COA).
- Approved through June 20, 2017.
- Approval for contact hours through the AHNA is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.
- To view the requirements for successfully completing this program in order to receive CNEs, the purpose statements, and the educational materials used in this program, please visit the Innersource website: <http://innersource.net/em/54-trainingandevents/certification/903-cne-requirements.html>.

**2. Association for Comprehensive Energy Psychology (ACEP)**

- 26 ACEP CEs per class
- No fee for these CEs. The student uses the Certificate of Completion provided to them at the end of Year 1 to show proof of CEs to ACEP.
- Innersource is an ACEP CE Provider.

**3. California Board of Behavioral Sciences (CA BBS)**

- 26 CE Credits per class
- Cost \$50
- Innersource is an approved provider to offer continuing education for MFT, LPCC, LEP, and LCSW licensure requirements in California (PCE 5055).

**4. National Certification Board for Therapeutic Massage and Bodywork (NCBTMB)**

- 26 Contact Hours (CHs) per class
- Cost \$50
- Innersource is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider. (Provider number: 450052-06)

**Next Step to Register:** Please fill out and send in the attached registration form, along with your check for \$695.00. Make sure you go to [www.innersource.net](http://www.innersource.net) website and pay the \$600 deposit for pre-registration. We will process it and notify you via email that you are registered. Early registration is suggested as space may be limited.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I understand that by registering for the Sanibel Florida Eden Energy Medicine Foundations Program, I am agreeing to attend the one-year program and agree to payment terms according to the schedule set forth in this Registration Form. By my signature, I hereby affirm that I have read and agree to the FL-EEMCP description associated with this Registration Form; with the Class due dates for competency tests; with the Withdrawal Policy; with the Missed Class Policy; and with the Release Agreement.

Mailing address: **Semmelman Energy Center**  
2460 Harbour Lane  
Sanibel, Florida 33957

Inquiries: Karen L. Semmelman  
443.786.0472 or [ksemmelmanenergy@gmail.com](mailto:ksemmelmanenergy@gmail.com) or  
[www.semmanenergy.com](http://www.semmanenergy.com)

**WELCOME TO THE BEGINNING OF A JOURNEY THAT WILL DRAMATICALLY SHIFT YOUR LIFE! I AM HONORED TO SHARE IT---KAREN**

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**Internal Use Only**

Date	Class	Amount	Check number
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____